



SUPER SPREADER CAST NET THROWING INSTRUCTIONS

Throwing Instructions for
Cast Nets Up to 5' Radius and
for Nets 6' Radius and Larger

FITEC THE FITEC GROUP • MEMPHIS, TN 38175 MADE IN CHINA

Throwing Instructions for Cast Nets up to 5' Radius

Pictures shown are for right-handed throwing. To throw left-handed, simply follow instructions using your left hand.



- 1.** ■ Cinch rope around your right wrist and coil rope into throwing hand as shown.



- 2.** ■ Hold net by your side resting the weights on the ground and grasp the net with your throwing hand at pocket height.

- 3.** ■ Grasp the lead line with your free hand at a position straight down from the end of your right thumb and place between thumb and forefinger.



- 4.** ■ Grasp the lead line with your free hand at a position about one arm's length from your other hand. This will hold the net one quarter open as shown.

- 5.** ■ Rotate your body back to the right one quarter turn and immediately rotate back to your left releasing the net at a slight upward angle into the air in the direction of your target.



- 6.** ■ The net should hit the water in a circular form.
■ Let the net sink to desired depth and pull on throw-line to close the net.
■ Grasp the horn and release the throw-line to empty the net into bucket or bait well.

Caring for Your Cast Net

- Prior to using your net, soak it overnight in a solution of about two gallons of water and one cupful of simple fabric softener. This will soften and relax the netting making it lay flatter and throw easier. **Do not use any other chemicals on your net.**
- Inspect your net before every use, mending any cuts or tears.
- After each use rinse your net with fresh water and hang with the lead line resting on the ground to dry. Store away from direct sunlight.
- Using your net in areas with reefs, rocks, or other submerged objects will lessen the life of your cast net. Avoid these areas if possible.

Throwing Instructions for Nets 6' Radius and Larger

Instructions and pictures are right-handed. Simply reverse hands and sides to throw left-handed.



- 1.**
- Cinch rope around your left wrist and coil the hand-line into left hand as shown.
 - Grab net with left hand just below horn.



- 2.**
- Extend left arm and grab the net again at pocket height with right hand.



- 3.**
- Transfer net back into left hand. At this point all of the net should be in your left hand with the lead line resting on the ground.



- 4.**
- Reach down from where your left thumb and forefinger meet and divide the net in half.



- 5.**
- At this point, you should have the hand-line, the horn, and half of the net in your left hand, and the other half of the net in your right hand.



- 6.**
- Roll the half of the net in your right hand over your left thumb and release.



- 7.**
- You now have two clumps of lead line at the bottom of the net. A high section over your thumb and a low section hanging from your left hand.



- 8.**
- Grab the lead line with your right hand where the high and the low clumps of lead line meet.



- 8.**
- Place the lead line gently in your front teeth. *(Be careful not to put the lead itself in your teeth. Only the rope between the leads.)*



- 9.**
- Reach down with your right hand and pick up the lead line hanging from your teeth with your thumb and forefinger.



- 10.**
- Turn your right palm up, bringing it up near your left hand and fold the netting over your left thumb back into your right hand.



- 11.**
- Both of your hands should be some what close together and palm up. You are loaded and ready to throw at this point.



- 12.**
- Stand facing left of your target. Keeping both of your hands together, simultaneously rotate your body and hands ninety degrees to your left. Without stopping, immediately rotate back toward your target in one smooth continuous motion. *(Be sure to keep your arm outstretched.)*



- 13.**
- Release the net at a slight upward angle in the direction of your target. *(Be careful not to overpower your throw.)*



- 14.**
- The net should open into a circular form.
 - Pull on the throw-line to close the net at the desired depth.
 - To dump your bait, simply hold over a bucket or bait well and pick up the horn of the net and release the hand-line. The bait should fall out the bottom of the net.

For extra large nets, it is a good idea to leave the net in the water alongside the boat and extend the horn about half way up the braille lines, shaking the baitfish down toward the bottom of the net. This will make it much easier to remove the bait once inside the boat.

Caring for Your Cast Net

- Prior to using your net, soak it overnight in a solution of about two gallons of water and one cap of simple fabric softener. This will soften and relax the netting making it lay flatter and throw easier. *Do not use any other chemicals on your net.*
- Inspect your net before every use, mending any cuts or tears.
- After each use, rinse your net with fresh water and hang with the lead line resting on the ground to dry. Keep your net out of direct sun light. Using your net in areas with reefs, rocks, or other submerged objects will lessen the life of your cast net. Avoid these areas if possible.